

IBD CUTTING EDGE 2025

Where Innovation, Trials,
and Multidisciplinary
Care Intersect



European
Crohn's and Colitis
Organisation

UC San Diego Health

September 19-21, 2025

Coronado Island Marriott
Coronado, California

Visit www.scripps.org/IBDcme for conference updates.



The IBD Cutting Edge 2025 conference will showcase pioneering advancements in translational science, drug discovery, and clinical care for inflammatory bowel disease (IBD). The program will highlight the evolving landscape of clinical trials, innovative therapeutic strategies, and the complexities of managing IBD in diverse patient groups. Key topics will cover disease-specific complications, care considerations for special populations, the role of surgery in IBD management, and the integration of multidisciplinary approaches to enhance treatment outcomes.

Additionally, the conference will introduce emerging technologies, patient-centered care initiatives, and discussions on ensuring equity in access to care. Attendees will benefit from lectures and interactive sessions led by both international and national key opinion leaders in IBD. The comprehensive program will provide healthcare professionals with actionable insights to optimize patient care, advance clinical practices, and improve the quality of life for those living with IBD.

Target Audience

- Gastroenterologists
- Nurse practitioners, physician assistants, and nurses
- Internists
- Colorectal surgeons
- PhD scientists, graduate students, and postdoctoral fellows
- Researchers and industry leaders in IBD drug development
- Biotech and pharmaceutical professionals focused on IBD therapies

Educational Objectives

After attending this live activity, participants should be able to:

- **Explore Translational Science:** Describe how emerging insights from translational research are shaping novel therapeutic approaches for inflammatory bowel disease (IBD).
- **Analyze Clinical Trial Innovations:** Evaluate findings from recent and ongoing clinical trials to inform the development and application of next-generation therapies for IBD.
- **Integrate Multidisciplinary Care Strategies:** Identify opportunities to optimize patient outcomes through collaborative care models involving gastroenterologists, surgeons, dietitians, psychologists, and other specialists.
- **Implement Advanced Surgical and Medical Approaches:** Assess the latest advancements in surgical interventions and medical therapies, including their roles in treating complex IBD cases.
- **Address Challenges in Special Populations:** Examine the unique treatment considerations for pediatric, adolescent, and high-risk IBD populations, ensuring equitable and personalized care.
- **Foster Patient-Centered Care:** Develop approaches that emphasize shared decision-making and improved quality of life for patients living with IBD.

Planning Committee

Mazer Ally, MD, FAGA, FACG
Clinical Associate Professor of Medicine
Division of Gastroenterology & Hepatology
Scripps Clinic
Oceanside, California

Brigid Boland, MD
Associate Professor of Medicine
University of California, San Diego
La Jolla, California

Angelina Collins, MSN, ANP-BC
Nurse Practitioner
University of California, San Diego
La Jolla, California

Melissa Ferrari, PA-C, MPAS
Physician Assistant
Division of Medical Gastroenterology
Scripps Clinic
La Jolla, California

Gauree Gupta Konijeti, MD, MPH
Director, Inflammatory Bowel Disease Program
Scripps Clinic
La Jolla, California

Amy Lightner, MD
Colorectal Surgeon
Scripps Clinic
Professor of Molecular Medicine
Scripps Research Institute
La Jolla, California

Rebecca Matro, MD
Gastroenterologist
Scripps Clinic
La Jolla, California

Siddharth Singh, MD
Gastroenterologist
Mayo Clinic
Scottsdale, Arizona

Faculty Disclosure

In accordance with the ACCME Standards for Integrity and Independence in Accredited Continuing Education, course directors, planners, moderators, faculty, and all others in control of the educational content of the continuing education activity must disclose all financial relationships with ineligible companies that they may have had within the past 24 months. If an individual refuses to disclose financial relationships, they will be disqualified from being a part of the planning and implementation of the activity. Owners and/or employees of an ineligible company with business lines or products relating to the content of the activity will not be permitted to participate in the planning or execution of any accredited program. All relevant financial relationships with ineligible companies listed for individuals in control of content have been mitigated.

A complete listing of faculty disclosures associated with this program can be found on the conference website: www.scripps.org/IBDcme

Accreditation and Disclosure

Physicians

Scripps Health is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Scripps Health designates this live activity for a maximum of 15.5 *AMA PRA Category 1 Credit(s)*.™ Physicians should only claim credit commensurate with the extent of their participation in the activity.

Credit Breakdown

Main Conference (Fri-Sun): 14.5

APP Track (Sun): 1

Total Credits Available: 15.5

Nurses and Nurse Practitioners

For the purpose of recertification, the American Nurses Credentialing Center accepts *AMA PRA Category 1 Credit(s)*™ issued by organizations accredited by the ACCME.

The American Academy of Nurse Practitioners Certified Program (AANPCP) and the American Association of Nurse Practitioners (AANP) accept *AMA PRA Category 1 Credit(s)*™ from organizations accredited by the ACCME.

Physician Assistants

PAs may claim a maximum of 15.5 Category 1 credits for completing this activity. NCCPA accepts *AMA PRA*

Category 1 Credit(s)™ from organizations accredited by the ACCME.

Pharmacists

The California Board of Pharmacy accepts as continuing professional education those courses that meet the standard of relevance to pharmacy practice and have been approved for *AMA PRA Category 1 Credit(s)*.™

Maintenance of Certification (MOC)

This CME activity is offering Maintenance of Certification (MOC) points for members of the American Board of Internal Medicine and the American Board of Pathology. Visit the course website for additional details on how points will be awarded.

Commercial Support

This course is supported, in part, by educational grants from industry. In accordance with the ACCME Standards for Integrity and Independence in Accredited Continuing Education, a complete list of commercial support received will be provided to all learners who participate in the continuing education activity. For more information: www.accme.org/standards

Friday, September 19, 2025

Drug Development in 2025: Setting the Stage

9:30 a.m. Registration, Refreshments & View Exhibits

10:30 a.m. **Welcome & Educational Overview**

How Translational Science is Relevant to the Clinic

Moderators: Marla Dubinsky, MD and Howard Hang, PhD

10:40 a.m. **Developing New Drug Targets: Considerations and Pre-clinical Logistics**

Arnab Chatterjee, PhD – Scripps Research San Diego

10:55 a.m. **Regenerative Medicine Beyond Cell Therapy: How We Might Break the Therapeutic Ceiling**

Michael Bollong, PhD – Scripps Research San Diego

11:10 a.m. **Biological Drivers of Response to Therapies**

Maria Abreu, MD – Cedars-Sinai Medical Center Los Angeles

11:25 a.m. **Targeting Regulatory T-Cells in IBD**

Scott Snapper, MD, PhD – Boston Children's Hospital

11:40 a.m. **The Role of Artificial Intelligence in Drug Discovery**

Pradipta Ghosh, MD - University of California San Diego

Noon **Panel Discussion/Q&A**

12:20 p.m. **Drug Development in 2025: Challenges and Solutions in Maximizing the Intersection Between Academia and Industry**

Peter Schultz, PhD – Scripps Research San Diego

1 p.m. **Lunch Symposium**

Non-CME Activity Hosted by Janssen Biotech

Controversies in Clinical Trials: The GI's Perspective

Moderators: Siddharth Singh, MD and Maria Abreu, MD

2 p.m. **PROs as Endpoints**

Marla Dubinsky, MD – Mount Sinai New York

2:15 p.m. **Intestinal Ultrasound as a Treat to Target Endpoint**

Gauree G. Konijeti, MD, MPH – Scripps Clinic San Diego

2:30 p.m. **Advanced Therapies in Phase 2 and Phase 3 - Which Trials to Participate in and the Biggest Challenges with Patient Recruitment**

James Marion, MD – Mount Sinai New York

2:45 p.m. **Considerations of Mild-to-Moderate UC and Crohn's Phenotypes in Drug Development**

Alan Moss, MD – Boston University

3 p.m. **Rethinking Clinical Trial Design**

David Rubin, MD – University of Chicago

3:15 p.m. **Panel Discussion/Q&A**

3:30 p.m. Break & View Exhibits

Controversies in Clinical Trials: The Surgical Perspective

Moderators: Tracy Hull, MD and Paulo Kotze, MD, PhD

4 p.m. **Surgical Technique Decreasing Postoperative Recurrence – Close the Door or Expand on What's Been Done?**
Andre D'Hoore, MD, PhD – IBD Leuven Belgium

4:15 p.m. **Scoring Endoscopic Recurrence after Ileocecal Resection for Clinical Trials: A Martial Art?**
Willem Bemelman, MD, PhD - Amsterdam University Medical Center

4:30 p.m. **Your Ulcerative Colitis Operation Could be Preventative – Do an Appendectomy!**
Janindra Warusavitarne, B Med, FRACS, PhD - St. Mark's Hospital London

4:45 p.m. **Top Three Surgical Trials Still to be Done**
Phillip Fleshner, MD – Cedars Sinai Medical Center Los Angeles

5 p.m. **Panel Discussion/Q&A**

5:30 p.m. Adjourn

Saturday, September 20, 2025

Implementing New Technology and Drug Discovery into Clinical Practice

Moderators: James Marion, MD and Janindra Warusavitarne, B Med, FRACS, PhD

7 a.m. Breakfast & View Exhibits

7:55 a.m. **Welcome & Announcements**

IBD Cutting Edge 2025 Conference Agenda

Coffee & Debates

- 8 a.m. **Colectomy or Not with High Grade Dysplasia** PRO: Tracy Hull, MD - Cleveland Clinic
CON: David Rubin, MD – University of Chicago
- 8:30 a.m. **Crohn's and Indeterminate Colitis – To Pouch or Not to Pouch**
PRO: Phillip Fleshner, MD - Cedars-Sinai Medical Center Los Angeles
CON: Marla Dubinsky, MD - Mount Sinai New York

Applying Clinical Trials in GI and Surgery

Moderators: Willem Bemelman, MD, PhD and David Rubin, MD

- 9 a.m. **Evolving Demographics of the IBD Patient Population: How Do We Address It?**
Alan Moss, MD – Boston University
- 9:15 a.m. **Applying Clinical Trial Results to the Pediatric Population**
Jeannie Huang, MD – Rady Children's Hospital San Diego
- 9:30 a.m. **Rethinking Early Surgery in Crohn's**
Paulo Kotze, MD, PhD – Catholic University of Parana Curitiba, Brazil
- 9:45 a.m. **What the Data Shows About Using Two Advanced Therapies at the Same Time**
Maria Abreu, MD – Cedars-Sinai Medical Center Los Angeles
- 10 a.m. **Applying Clinical Trial Results to Pouches**
Edward Barnes, MD – UNC School of Medicine
- 10:15 a.m. **Panel Discussion/Q&A**

10:30 a.m. Break & View Exhibits

Choosing Among the Plethora of Medical Therapies

Moderators: Maria Abreu, MD and David Schwartz, MD

- 10:45 a.m. **Subcutaneous Infliximab and Vedolizumab**
Mazer Ally, MD – Scripps Clinic San Diego
- 11 a.m. **Anti-IL23 Therapies**
Edward Barnes, MD – UNC School of Medicine
- 11:15 a.m. **S1P Inhibitors**
Gauree G. Konijeti, MD, MPH – Scripps Clinic San Diego

- 11:30 a.m. **JAK Inhibitors**
Brigid Boland, MD - University of California San Diego
- 11:45 a.m. **Positioning Therapies in Crohn's Disease**
Siddharth Singh, MD – Mayo Clinic Arizona
- Noon **Positioning Therapies for Ulcerative Colitis**
David Rubin, MD – University of Chicago
- 12:15 p.m. **Panel Discussion/Q&A**
- 12:30 p.m. **Lunch Symposium**
Non-CME Activity Hosted by AbbVie

Bringing it All Together – What We Do Best! Clinical Cases with Your Multidisciplinary Team

Moderators: Willem Bemelman, MD, PhD and James Marion, MD

- 1:30 p.m. **Medical Management of Acute Severe UC: What to Rule Out, What are Your Medications, and What to Watch Out For**
Marla Dubinsky, MD - Mount Sinai New York
- 1:45 p.m. **Update in Surgical Approach to Ulcerative Colitis**
Andre D'Hoore MD, PhD – IBD Leuven Belgium
- 2 p.m. **The Importance of the Patient Voice in Considering Outcome Measures**
Tina Aswani-Omprakash, MPH - South Asian IBD Alliance
- 2:15 p.m. **Case 1: Acute-Severe UC**
Panel: Marla Dubinsky, BA, PhD, Andre D'Hoore, MD, PhD, Alan Moss, MD, and Valery Vilchez, MD
- 2:45 p.m. Break & View Exhibits

Moderators: Tracy Hull, MD and Gauree G. Konijeti, MD, MPH

- 3:15 p.m. **Perianal Crohn's Disease Activity Index and MRI – More than Measurements**
Phil Tozer, MBBS – St. Mark's Hospital London
- 3:30 p.m. **Optimizing the Medical Management of Perianal Fistula**
David Schwartz, MD – Vanderbilt University
- 3:45 p.m. **Does Diversion Have a Role in the Management of Perianal Disease?**
Phillip Fleshner, MD - Cedars-Sinai Medical Center Los Angeles

- 4 p.m. **ADMIRE 2 was a Negative Trial: Are MSCs Still an Option or is Something New on the Horizon?**
Amy Lightner, MD – Scripps Clinic San Diego
- 4:15 p.m. **Case 2: Refractory Perianal Fistulizing Disease**
Panel: Mazer Ally, MD, Andre D'Hoore, MD, PhD, David Schwartz, MD, and Phil Tozer, MD
- 4:45 p.m. Adjourn
- 5 p.m. **Welcome Reception**
Non-CME Activity Hosted by Takeda

Sunday, September 21, 2025

Managing IBD in Clinical Practice

- 7 a.m. Breakfast & View Exhibits
- 7: 55 a.m. **Welcome & Announcements**
- Managing Diet and Therapy in Specific Situations**
Moderators: *Gauree G. Konijeti, MD, MPH and Paulo Kotze, MD, PhD*
- 8 a.m. **Use of Diet and Supplements in IBD**
Lori Beeken, MS, RDN – Scripps Clinic San Diego
- 8:15 a.m. **Endoscopic Therapies for Stricturing Crohn's Disease**
Mazer Ally, MD – Scripps Clinic San Diego
- 8:30 a.m. **Perioperative Management of IBD Therapies**
Amy Lightner, MD – Scripps Clinic San Diego
- 8:45 a.m. **Postoperative Prophylaxis in Crohn's Disease – Keeping the Surgeon Away!**
Preetika Sinh, MD – University of California San Diego

Day-to-Day Realities of Clinical Practice

Moderators: Siddharth Singh, MD and Janindra Warusavitarne, B Med, FRACS, PhD

- 9 a.m. **Health Maintenance in IBD**
Gil Melmed, MD – Cedars-Sinai Medical Center Los Angeles
- 9:15 a.m. **IBD and Pregnancy**
Brigid Boland, MD - University of California San Diego
- 9:30 a.m. **Update in the Management of Pediatric IBD**
Jeannie Huang, MD – Rady Children's Hospital San Diego
- 9:45 a.m. **Dermatology & IBD**
Charisse Orme, MD, PhD – University of California San Diego
- 10 a.m. **Panel Discussion/Q&A**
- 10:30 a.m. Adjourn
- Advanced Practice Provider Track**
APP Digest: Making Your Monday Easier
- 10:30 a.m. Break for APP Track Attendees
- 10:40 a.m. **Welcome & Educational Overview**
- 10:45 a.m. **APP Digest: Medications**
Angelina Collins, MSN, ANP-BC – University of California San Diego
- 11 a.m. **APP Digest: Special Populations**
Melissa Ferrari, PA-C – Scripps Clinic San Diego
- 11:15 a.m. **APP Digest: Surgery**
Karrie Driscoll, MSN, ANP-BC – University of California San Diego
- 11:30 a.m. **Panel Discussion/Q&A**
- 11:45 a.m. Advanced Practice Provider Track Adjourns

Topics, times and speakers are subject to change

Attendee Cancellation, Substitution and Refund

The course tuition is refundable, minus a \$100 processing fee (MD, DO, RN, PA, NP) or a \$50 processing fee (Fellow, Resident, Student), if your cancellation is received in writing no later than **Friday, September 5, 2025**. Attendee substitutions are allowed, but notification

must be made in writing by **Friday, September 5, 2025**. After this date, under no circumstances will refunds, credits, or substitutions be granted. No refunds or credits will be given to "no shows." No refunds shall be made for cancellations due to inclement weather.

Scripps Conference Modification or Cancellation

Scripps reserves the right to modify the course's schedule or program as necessary. Scripps also reserves the right to cancel this conference, in which case a full refund of the registration fee will be provided. Attendees who purchase non-refundable airline tickets do so at their own risk. Scripps encourages the purchase of travel insurance as we

Atten

Conference Location & Hotel Information

Coronado Island Marriott • 2000 Second Street, Coronado, CA 92118 • Phone: 619-435-3000

Discounted rooms available after registering.

Rates and Reservations

Please make your own hotel reservations and request the Scripps conference reduced rate of \$299 per night (plus tax). This low rate also includes:

- Discounted resort fee
- Complimentary guestroom internet service
- Discounted daily and overnight self-parking
- Complimentary use of the fitness center

Make your reservations early! A block of rooms is being held for us at the special rate of \$299 per night **until Friday, August 22, 2025 or until the room block fills, whichever comes first.** After this date, reservations will be accepted on a space and rate availability basis only. Be sure to mention that you are attending the Scripps IBD conference when making your reservations to receive the reduced rate.

Please note: Attendees who book their room through an online, third-party service (Hotels.com,[®] Expedia.com,[®] Priceline.com,[®] etc.) are not eligible to receive the amenities listed above.

Register Online

www.scripps.org/IBDCME



Conference Fees & Registration

Space is limited, so register early!

In-Person Included: Course tuition, breakfast, breaks, lunch, reception, internet access, electronic course materials, and course recordings

Not Included: Travel costs, lodging, parking, and dinners

**TO RECEIVE THE STUDENT, RESIDENT, FELLOW REGISTRATION DISCOUNT, PLEASE EMAIL OR CALL SCRIPPS CME AT 619-435-3000.

**MUST USE A VALID SCRIPPS OR UCSD EMAIL ADDRESS AT REGISTRATION.

	Thru Jul 20	Jul 21 – Sept 16	On-site After Sept 16
Physicians (MD, DO, MBBS)	\$375	\$425	\$475
RN, NP, PA, Other	\$275	\$325	\$375
*Students, Residents, Fellows	\$175	\$225	\$275
**Scripps/UCSD MD	\$300	\$350	\$400
**Scripps/UCSD Non-MD	\$225	\$275	\$325

Conference Policies

are unable to refund any travel costs (flight, hotel, etc.) in the case of Scripps cancellation.

Family and Guest Attendance Policy

All conference activities and meals are exclusively reserved for paid conference attendees. Children and family members are not allowed to attend meal functions or permitted in the meeting space.

Health and Safety Waiver and Assumption of Risk

By completion and submission of the online registration form, participants certify they have read and fully understand the Health and Safety Waiver and Assumption of Risk Agreement.

Recording and Photography Clause

Scripps reserves exclusive rights to record

(audio and video) and/or photograph all conference proceedings for use in marketing materials, presentations and course content sales.



Scripps Conference Services & CME

10790 Rancho Bernardo Rd., 4S-211

San Diego, CA 92127

858-678-6400

www.scripps.org/conferenceservices

med.edu@scrippshealth.org

Follow us!

✕ [@Scrippshealth](https://twitter.com/Scrippshealth)

▶ www.youtube.com/scrippshealth

in www.linkedin.com/company/scripps-health

Subscribe to our newsletter: www.scripps.org/CMEemails

NONPROFIT ORG.
U.S. POSTAGE
PAID
PERMIT NO. 1981
SAN DIEGO, CA

IBD CUTTING EDGE 2025

Where Innovation,
Trials, and Multidisciplinary
Care Intersect

September 19-21, 2025

Coronado Island Marriott
Coronado, California



Visit www.scripps.org/IBDcme for conference updates.